



Our float helped honor "Everyday Heroes" in last month's Frontier Days Fourth of July Parade in Prescott. "Hope-a-Long" (left) was on hand to charm kids along the route.

Photos by Karen Richert

New riding season starting up

Therapeutic Riding (TR)--The third, six-week TR Lesson Session of the year begins the **week of August 6**. **We now have a waiting list for Session 3**. Please let Jan Grise know if you know someone age four to 80+ who might benefit and could start in Session 4: 928-308-1353, or ridingdir@hwhonline.org. Jan is also the person to contact if you're not yet scheduled to help in a class. Please let your instructor know if you are (or aren't) available in the same time slots as before.

Special Olympics (SO)—We'll start our fall session with a team meeting and ground work on **Saturday, Sept. 4**; we'll meet at the ranch at 11 a.m. for lunch, then review rules and safety, grooming and ground work.

Our SO Team is for riders who are interested in competition, have participated in at least one TR session at HwH and are referred by their TR instructor. Team members are required to be more independent, learning to do their own grooming, saddling and mucking their horse's stall. Interested in working with the SO Team? Contact Pam Berry (execdir@hwhonline.org or 928-899-4759) and plan to join us on Sept. 4.

*Horses with Heart, P. O. Box 2427
Chino Valley, AZ 86323
(928) 533-9178
www.hwhonline.org*

Calendar of Events

- Aug. 6-Sept. 14** ~ Therapeutic Riding Session 3; Oct. 1-Nov. 9, Session 4.
- Sept. 1-Nov. 10** ~ Special Olympics Session 2.
- Sept. 15** ~ Arizona Equifest, Prescott Rodeo Grounds.
- Sept. 15** ~ WDAAZ (Western Dressage Association of Arizona) Fall Horse Show, Santori Ranch, Chino Valley.
- Aug. 31** ~ **Sequins & Saddles** comes back to HwH! BBQ dinner, live auction, live music, dancing and more. Advance tickets \$30; \$35 at the gate. *(For more info, see our Facebook page or hwhonline.org.)*
- Sept. 30** ~ **Have a Heart Benefit Barrel Race/Pole Bending**, Olsen's Arena, Chino Valley. *(See article p. 2).*
- Oct. 2** ~ **National Night Out**. A free event with food, entertainment, raffle, produced by the Chino Valley Police Department. HwH booth, plus kid-friendly activities. From 5-9 pm, Memory Park, Chino Valley.

Volunteer of the Month:

CINDY ROCHE

Reasons selected: Cindy is a dedicated and versatile volunteer. She has a lifetime of equestrian experience that she shares as a Safety Support Team member and as an arena assistant for the Friday Silver Saddle class. What's more, she also devotes time to the Volunteer Committee, schooling, special events, tack sales and horse feeding, when needed. In short? She's a gem, and very precious to HwH.



Q&A with Cindy:

Q: How long have you been with HwH?

A: About 10 years.

Q: Why do you volunteer at HwH?

A: Horses have been my life, all my life. The chance to work with special kids and adults who are benefitting from interaction with these magnificent animals is immensely satisfying.

Q: What is your favorite memory or moment at HwH?

(continued next page)



A: Those moments when I see one of our riders have an obvious connection with a horse or another volunteer working with him/her. Even when a mostly non-verbal rider lets out a yell of enjoyment, it's thrilling to me.

Q: If you could share one thing with new volunteers, what would that be?

A: Thank you, new volunteers, for offering your help in whatever area you can. HwH depends upon people like you to keep this program running.

"Happy Trails" leads to learning fun

Several participants got to hit the "Happy Trails" at this year's program at the ranch in July. Each session over three days included fun, learning, riding and crafting.

The Happy Trails curriculum covered learning new riding skills, playing games on horseback, getting to



know each rider's own special horse, grooming the horses, measuring the horses' height and weight and taking vital signs.

Crafts included decorating horseshoes (and even painting a horse, as Dustin demonstrates on Sam, left), making horse stained glass

windows and making personalized photo albums.

Many thanks to all the volunteers who helped out during Happy Trails! *Photo by Gloria Reid*



In loving memory of Scoop

Our beloved "gentle giant," Scoop, has moved on to heaven's green pastures. One of the great therapeutic riding horses of all time, this big-hearted bay gelding will be missed by all who knew him.

Goodbye, good friend.

*Horses with Heart, P. O. Box 2427
Chino Valley, AZ 86323
(928) 533-9178
www.hwhonline.org*

Big Barrel Race is coming up!

Don't miss the thrills of our Third Annual "Have a Heart Barrel Race & Poles" event Sunday, Sept. 30.

Approved by the Women's Professional Rodeo Association, this year's event has \$1,500 added in cash and prizes to contestants. All proceeds benefit Horses with Heart, from 8:30 a.m. (when time-only events begin) through the afternoon at Olsen's Arena, off Road 1 South in Chino Valley.

Free for spectators, the day includes barrel racing and pole bending in Open Divisions, barrels for Youth and Pewee Divisions. The fastest combined time in open barrels and poles will earn a horse/rider pair a trophy buckle for the "Horse with the Most Heart."

People with special needs can be part of the Barrel Race action: they can meet "their" riders, wear the same contestant numbers, and cheer them on during the races. When the racers win, so will their partners.

The Opening Ceremony is scheduled for 11 a.m. with riders and military presentation of colors. Attendants are urged to bring their own chairs (no bleachers at the arena); food and beverage concessions, plus portable toilets, will be available.

Contestants may park overnight if needed at no charge. Dry camping and individual pen set-ups are permitted. For more details, contact Penny Hubbard (520-678-2019) or Trudy Chapman-Radley at 928-713-4016.

Safety Tip of the Month

Reminder for both riders and volunteers: always hold the hoof pick in the palm of the hand with the point *away* from your body. Otherwise, a sudden movement from the horse could result in injury.

Rinse, recycle, re-use scrap metal

Don't toss those tin or aluminum cans – bring them to the ranch for recycling. Just rinse and bag the cans (helps deter rodents), and place in the trailer parked outside the back gate (near the hay barn). Large scrap metal items also welcome. You'll help the environment while helping our scrap metal recycling effort.